

BERLINER VERBAND FÜR MODERNEN FÜNFKAMPF e. V.

Landesverband im DVMF - Bundesstützpunkt & Landesstützpunkt



Berlin Cup 2023

Berlin – Olympiapark, 22.09. - 23.09.2023

Dear Friends,

The Berlin Federation of Modern Pentathlon has the pleasure of inviting a delegation of your club to participate in the:

Berlin Cup 2023

held on September 22nd until September 23rd.

The competition will be held **in categories U11 to U19**

The Berlin Federation of Modern Pentathlon invites at this moment unlimited number of athletes and officials/coaches per National Federation. But the organizers reserve the right to reduce overall amount of the athletes per NF - acceptance of entries will be based on the order of "first com – first serve" at the Organising Committee.

RULES

The competition will be carried out according to the current UIPM Rules (U17/U19) and German Jugendwettkampfordnung (U11/U13/U15) with the following distances:

- Category U11: static laser shooting (2x5 shots) swimming (50m), running (800m)
- Category U13: static laser shooting (2x5 shots) swimming (100m), running (800m)
- Category U15: Fencing, static laser shooting (4x5 shots), swimming (100m), running (1600m)
- Category U17: Fencing, swimming (200m), Laser Run (4 x 600m)
- Category U19: Fencing, swimming (200m), Laser Run (5 x 600m)

- Swimming: 25 m indoor swimming pool / 6 lanes (Forumbad)
- Fencing: 8 pistes (BSP Moderner Fünfkampf)
- Laser Run: 12 laser targets (Eco aims), 600m loop, **gras only** (Körnerplatz)

FINANCIAL CONDITIONS

U19 / U17 / U15 25,00 €
U13 / U11 20,00 €

Prices include entry to the competition and a sport buffet at the competition on Saturday.

Not included is accommodation and transport ! It has to be self organized.

Bankverbindung:

IBAN: DE30120300001020157226
BIC: BYLADEM1001

Vereinsregister: VR 4098 NZ des AG Charlottenburg
Vorstand: Dr. Jan Langrehr, Thora Meyer-Efland
und Tom Zaunik

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Bank details

Account name: Berliner Verband für Modernen Fünfkampf
Name of bank: DKB Bank
IBAN code: DE30120300001020157226
BIC code: BYLADEM1001

The payee will be responsible for all bank charges.

ENTRY FORMS

Deadline for the Entry Form are as follows:

Form C (final): before 10th of September 2023.

We would appreciate early confirmation of your intention to participate - email to: info@m5k-berlin.de

INSURANCE

According to UIPM Rules all members of attending delegations must insure themselves in case of accidental injury or illness. The organizer will not accept any responsibility financial or other, for any loss, injury or illness of any member of the delegation.

EQUIPMENT CONTROL

Fencing equipment control take place on the piste before the start of the first competition round.
Pistol check will generally take place at competition site.

VISAS & VACCINATIONS

The LOC cannot accept responsibility for arranging visas but can provide specific letters of invitation if needed. For information if you need a visa or vaccinations please contact your nearest Embassy or Consulate.

OFFICIAL ADDRESSES

Berlin Federation of Modern Pentathlon
Hanns-Braun-Strasse, Block 4.1
14053 Berlin
E-mail: info@m5k-berlin.de
Instagram: @pentathlonberlin

All Competition venues (BSP Moderner Fünfkampf, Forumbad, Hanns-Braun-Stadion)

Olympiapark Berlin
Hanns-Braun-Strasse
14053 Berlin

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Time table Berlin Cup 2023

Competitions:					
	U11	2013 younger	and	Triathlon	50m swim/10 shot/800m run
	U13	2011/2012		Triathlon	100m swim/10 shot/800m run
	U15	2009/2010		Tetrathlon	Fencing/100m swim/ 20 shot/ 1600m run
	U17	2007/2008		Tetrathlon	Fencing/ 200m swim/ 4x600m LaserRun
	U19	2005/2006		Tetrathlon	Fencing/ 200m swim/ 5x600m LaserRun
Friday, 22.09.2023					
14:30	Shooting 1.Heat		U15	LLZ	
15:30	Warm up fencing		U15	LLZ	
16:00	Start fencing		U15	LLZ	
16:30	Shooting 1.Heat		U11-U13	LLZ	
18:30	Warm up swimming		U11-U15	Forumbad	
19:00	Start swimming		U11-U15	Forumbad	

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Saturday, 23.09.2023			
08:00	Warm up swimming	U17 / U19	Forumbad
08:20	Start swimming	U17 / U19	Forumbad
09:00	Warm up fencing	U17 / U19	LLZ
09:30	Fencing	U17 / U19	LLZ
11:00	Warm up running	U11-U15	Hanns-Braun-Stadion
11:30	Running	U11-U15	Hanns-Braun-Stadion
12:30	Warm up Laser Run	U17	Hanns-Braun-Stadion
12:45	Start Laser Run 1.heat	U17	Hanns-Braun-Stadion
14:00	Warm up Laser Run	U19	Hanns-Braun-Stadion
14:15	Start Laser Run 1.heat	U19	Hanns-Braun-Stadion
16:00	Award Ceremony	All	LLZ

We hope to see your delegation in Berlin

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