



Triathle & Obstacles Laser Run International Meeting National Championships

MACHICO – MADEIRA ISLAND – 23/24 MAY 2026

World Travel Awards

World's Leading Islands Destination 2023 & 2024 & 2025

INVITATION LETTER

Dear friends,

The Portuguese Modern Pentathlon Federation and the Machico City Hall have the great pleasure to invite a delegation of Your Country to participate in the above-mentioned competition that will be held in **MACHICO - MADEIRA (PORTUGAL) from 23th until 24th May 2026** according to the following programme:

COMPETITION PROGRAMME (PROVISIONAL)

22 May (Friday)	Arrival of Delegations – Registration Procedures 18h00 - Welcome Drink for team Managers 19h00 - Technical Meeting (race briefing)
23 May (Saturday)	9h00 - TRIATHLE & PARA TRIATHLE (Individual Competition)
24 May (Sunday)	9h00 - OBSTACLES LASER RUN & PARA LASER RUN (Individual Competition) Closing Dinner
25 May (Monday)	Departure of delegations

REGISTRATION

Delegations are allowed to enter with unlimited number of athletes.

- 1. Please complete the Entry Form and return it to us by email until April 10th, 2026*
- 2. Please, confirm FINAL Form and return it to us by email until May 15th, 2026*

COMPETITION RULES

The competition will be carried out according to the UIPM Triathle & Obstacles Laser Run Rules (www.pentathlon.org)

- *Swimming – Ocean Bay*
- *Run – Asphalt and Pavement surface.*
- *Shooting - Hit & Miss **Ecoaims** homologated targets*
- *Obstacles – UIPM Homologated Competition Kit*
- ***Para athletes competition / categories** please contact UIPM para@pentathlon.org for the classification process.*

COMPETITION LOCATION

The Triathle competition is scheduled to occur at Machico Bay – Madeira Island and the Obstacles Laser at Complexo Desportivo Água da Pena. The running part will take place on the pavement road of the



FPPM
Federação Portuguesa
do Pentatlo Moderno

**PENTATLO
MODERNO**
MADEIRA



**Região Autónoma
da Madeira**
Governo Regional

Secretaria Regional
de Educação
Direção Regional de Juventude e Desporto

ipdj
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PORTUGUÊS
DE DESPORTO
JUVENTUDE

park and the swimming will be in the open ocean. The air temperature will be approximately 24-26°C and water temperature will be approximately 21-23°C. You can find a course map shortly on the official website www.fppm.pt

AWARDS

Individual:

Medals for the top 3 athletes will be given in each individual category and gender.

LASER PISTOLS

Firearms licenses are not a legal requirement when bringing Modern Pentathlon laser weapons into Madeira Island - Portugal for competition purposes, because they are not covered by weapon law.

We have a couple of pistols for competitors, if the delegations have problems in bringing their own – please inform us in good time before arrival.

COMPETITION CLOTHING

Athletes should wear a one or two-piece suit. In all cases, the upper body part must be covered. Footwear must not be worn in swimming but must be worn when running.

Entry fees, per person:

- 1 event: **10 EUR**
- 2 events: **15 EUR**

Registration process and payments must be done as follows:

- Registration Form A + entry fees payment **until 10th April**
- Late registrations with additional fee of 5 € per person/event (until 15th May)
- Last minute registrations after 15th May - 20 € per person/per event
- First 50 registered athletes will get a T-shirt for free

Additional Fees for Athletes/Coaches/Friends/Guests/Family Members:

Closing Dinner Fee of 25 Euros (€)

ACCOMMODATION

All athletes and members of attending delegations are responsible for booking their own accommodation however LOC can assist you in order to help finding the best solution.

For those participants booking their own accommodation enter: <https://visitmadeira.com/>

Important Remark: Tourism in Madeira is high season all year round, for your convenience please book your accommodation far in advance as well as planning your trip. Prices go up as much closer to the competition.

(Note) Para athletes should contact LOC for assistance in order to evaluate additional logistics needed

ENTRY FORMS & DEADLINES

We would appreciate early confirmation of your intention to participate or not and submit this as Entry Form A.

Deadlines for the Entry Forms are as follows:-

- | | |
|-----------------------------|----------------------------------|
| Form A (PRELIMINARY) | before 10th of April 2026 |
| Form B (FINAL) | before 15th of May 2026 |

INSURANCE

The organisers will not accept any responsibility financial or otherwise for loss, injury, illness or death of any participant or Delegation member. All members of the attending Delegations must insure themselves by a sufficient health, accident and liability insurance.



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VISAS & VACCINATIONS

Visiting nations should confirm visa and vaccination requirements for entry into Portugal prior travelling to the event. We cannot accept responsibility for arranging visas but can provide specific letters of invitation if needed.

For information if you need a visa or vaccinations, please contact your nearest Embassy or Consulate.

OFFICIAL ADDRESS

*Federação Portuguesa do Pentatlo Moderno
Rua 15 de Agosto nº 8 B, 2500 – 801 Caldas da Rainha
Tel: + 351 96 251 69 71 (LOC President Victor Rodrigues)
Email: fppm.geral@gmail.com
WebSite: www.fppm.pt*

BANK DETAILS

*Name of the Bank: Caixa Geral de Depósitos
Name of the Beneficiary: Pentatlo Madeira
IBAN: PT50 0035 0420 00023832 630 68
SWIFT: CGDIPTPL*

*We look forward to see you in Machico – Madeira Island, Portugal, for the **2026 INTERNATIONAL MEETING TRIATHLE & OBSTACLES LASER RUN***

Best regards,


Federação Portuguesa do Pentatlo Moderno
UTILIDADE PÚBLICA DESPORTIVA
Rua 15 de Agosto Nº8 - B
2500 - 801 Caldas da Rainha
C.Nº 501 638 725

Victor Rodrigues
LOC President Pentatlo Madeira